

# University of Pretoria Yearbook 2018

## Applied physiology 702 (MBK 702)

**Qualification** Postgraduate

**Faculty** [Faculty of Humanities](#)

**Module credits** 27.00

**Prerequisites** No prerequisites.

**Contact time** 1 lecture per week

**Language of tuition** Afrikaans and English are used in one class

**Department** Sport and Leisure Studies

**Period of presentation** Year

### Module content

The module examines exercise physiology as applied in a sport science context and includes the normal and performance enhancement physiology of bio-energetics, adaptation of the body systems, environmental influences, ergogenic aids and special considerations such as aging, gender, genetics and fatigue. (1 hour contact time per week with work assignments for the following week. )

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